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Dr. Bongiwe
“Dr. Bee”
Nhlangulela



Here
to be
Compassionate

Changing lives, one smile at a time:
Dr. Bee is making dentistry accessible and deeply human.

For Dr. Bongiwe Nhlangulela, better known as Dr. Bee, dentistry has never been just about teeth. It is about confidence. It is about dignity. It is about restoring health and changing lives, one smile at a time.

Long before she opened the doors to her thriving family dental practices in Sandton and Constantia Kloof, Dr. Bee understood what it meant to sit in a dentist’s chair as a patient. Her own childhood experiences with dental care left a lasting impression, exposing not only the importance of oral health, but also the lack of awareness and access that many South Africans continue to face. Rather than allowing those experiences to define her, she transformed them into a lifelong calling.

Born in Mthatha in the Eastern Cape, Dr. Bee graduated from the University of Pretoria with a

Bachelor of Dental Surgery (BChD) at just 22 years old. Entering a profession where young black women remain underrepresented, she quickly distinguished herself through clinical excellence, entrepreneurial vision and an unwavering commitment to patient-centred care. Today, she leads one of Johannesburg’s growing family dental practices, combining modern technology with personalised treatment that places people, not procedures, at the heart of every consultation. Yet her greatest contribution reaches far beyond the walls of her practice. Dr. Bee is a passionate advocate for improving oral health literacy, believing that healthy smiles begin with education long before treatment. She frequently speaks about the direct connection between oral health, nutrition and overall wellbeing, challenging the misconception that dental care is a luxury rather than an essential part of healthcare.

For her, access to information is just as important as access to treatment, particularly for communities where preventative care remains limited. This commitment has shaped both her business and her purpose. Every patient interaction is an opportunity to educate, empower and encourage healthier habits that can last a lifetime. By making dentistry less intimidating and more accessible, she is helping families view oral healthcare as an investment in their overall quality of life.

As a businesswoman, Dr. Bee is equally passionate about proving that healthcare and entrepreneurship can work hand in hand. Through resilience, innovation and a people-first philosophy, she has built a practice that reflects excellence while creating opportunities for others within the profession.

Her journey is an inspiration to aspiring healthcare professionals, particularly young women who dream of building successful careers without compromising compassion. Dr. Bongiwe reminds us that true healthcare begins with humanity. Through every patient she treats, every myth she dispels and every smile she restores, she is proving that dentistry is about far more than oral health, it is about helping people face the world with confidence, dignity and hope.